

Annual Report 2017-2018



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1. MESSAGE FROM THE DIRECTOR

Life is Beautiful

Very often we have people who tell us not to change, to stay as we are. This advice or message is given with good intention but change comes with growth and to grow we must be welcome to change. If we look at the basic life giving force - water - we understand that it can become stagnant without its ebb and flow, without its 'life'. Water that is stagnant is soon unhealthy. We are the same if we remain without growth or change - we become stagnant and unhealthy, both for ourselves as well as for those around us. Change is an important action and in today's world, a reality. Change is a constant for there is either growth or there is death.



Last year Sandesh witnessed more changes. We are slowly coming out of our cocoon and saying "yes" to the changes we were once afraid of making. A period of change is one of unknowing as things are not always in our control. It is an unknown zone. How we travel this time of change is very important. I believe attitude is the agency which allows us to celebrate the successes and learning and accept the failures and disappointments. We are all affected by change.

At Sandesh we are challenged by change but in a positive way. Our team, together, guides support for one another and individually, responsibility of change is a personal goal. Times ahead may be tough but together we will be able to meet our challenges.

We have been joined by many new friends and families in the last year. We welcome all and we hope the time spent has been positive and fulfilling. At the same time, we needed to say good-bye to many and we hope Sandesh had made a positive impact for each.

I express sincere gratitude to our friends and well wishers for their patience during a period of change and transformation. We hope for the continued support of all of those who make Sandesh what it is and what it will become. Please give us your time and we will assure your time is not misused. Please continue to encourage Sandesh. We keep you all in our thoughts and prayers. Thank you for journeying with us.

2. ABOUT SANDESH

Sandesh is a nonprofitable, Charitable Trust, which aims to cater to the needs of people with physical and intellectual disability. Sandesh was registered on May 30th, 2008 and thereafter started the community in September 2010. Although Bangalore had many options for special needs, it was simply not enough. The discrimination in society for people with disabilities was rather high and sadly the same was seen even in the care sector. It was decided to create Sandesh to bring hope to people who were already rejected in society. Sandesh's main focus is to provide services to the ones of the lowest economic strata of the community, ones who had no or fewer options in life.

The journey of Sandesh has now stepped into its 8th year. Sandesh is humbled by the people and the friends we meet each day. We respect and understand that life has a story to tell, love to impart and joy to share. Truly love can change lives. Hearts to care, ears to listen and voices to speak is what is necessary.

We are grateful and thankful for support received from all of our friends. We hope to carry on those friendships many years in the future.

Vision

An inclusive environment that provides an opportunity for the intellectually disabled to explore the individual potential.

Mission

Create a community that empowers and dignifies intellectually disabled individuals.

Contact

When you give your hands we give our hearts! Come spend your day(s) with our members and take the love and feeling of belongingness back to your homes!

info@sandeshindia.org

jnny dsouza@yahoo.co.in

www.sandeshindia.org

www.facebook.com/sandeshindia.org

3 YEAR'S HIGHLIGHTS

Overview

In 2017, Sandesh had the opportunity to meet new friends and were invited to participate in performances, exhibitions and the TCS 10K Marathon. We were able to celebrate a beautiful Christmas program in our new premises. We worked alongside new friends and our members have grown learning new skills. Our numbers have grown in one year from 47 to 65 members and from 16 to 24 staff.

Daycare

The daycare currently has 21 members with severe disabilities. Care and professional services are provided for each child in this unit. All members have individual goals and each has a story of improvement and growth. The children are happy and each day they are welcomed with new learning opportunities. Although challenged, the team is determined to bring changes to the lives of these little ones.

Pre-Vocational Unit

There are 10 members in this unit. The day begins with yoga and ends with the garden project. Members in this unit are given specific training with the aim and hope they will join the vocational unit in the future. Members are given training with eye-hand coordination and activities that support concentration, balance and strength. Music and dance are also part of the program.

Vocational Unit

Members in this unit have shown a great amount of growth in individual skills. The group has grown to take responsibility and discipline in their work. It was busy to finish the targets but concentration level and speed in work has increased. Members are able to share concerns in the work meetings as well. Opinions are easily expressed. The work produced by this unit is appreciated by outside businesses and introduction to new businesses is happening. Investment in specific machinery and equipment is needed to support the work with better quality so connecting to new businesses is important for the growth of the product line at Sandesh. Currently 23 members work in this unit. The members are paid which boosts confidence and pride, and helps with the challenges faced in life outside of Sandesh.

TCS 10K Marathon

This was the first year Sandesh participated in this event. Unfortunately, it did not make a large impact for recognition or fund raising; however, the event provided conviction that it is a positive event in which to be involved and Sandesh can continue to use the event to build its name and reputation for future impacts.

Splash Competition

A great annual event for Sandesh organized by Concern India. The Sandesh staff and members look forward to this event and the day is fun and pleasant for all participants.

Psychomotor Therapy Workshop

Ms. Lison, a Psychomotor Therapist, and her colleague from France spent a couple of days at Sandesh working with the younger members. It was a great learning experience for all. The workshop included the demonstration of exercises that are supportive of our members with disability, in particular the most vulnerable.

Diwali

Diwali is a great celebration that is accompanied by a lot of work for Sandesh. Commitment and hard work from each of our members is easily seen. Friends came to work alongside members to support the completion of Diwali orders. New businesses ordered our products and the work of the Sandesh members was well appreciated. In the new year, reaching new friends and businesses is important to grow the product line.

CII Awards

The Sandesh team was invited to perform a dance at the November 25, 2017 CII Awards function held in Bangalore. This was a big event and Sandesh was introduced to CII by Mr. Deep Narayan.

IDC Awards

On December 8, 2017, Sandesh performed a dance for the IDC Awards held in Bangalore. This event helped to boost the confidence of members for invitations to upcoming events.

Christmas Program

We celebrated together this beautiful festive season. It was fun and all parents joined us in the celebration. SAGlobal and Mantri Apartment generously provided gift for each of our members which made it very special for all.



4. NEW PROJECTS

Early Intervention

This program aims to help families and children ranging from 0-8 years of age. It works toward a positive approach and attitude to either alleviate a problem or remediate or reduce the intensity of the problem through professional guidance and social commitment. The purpose of the program is to reduce the deficits and secondary effects by training children in activities to promote development and learning of new skills which not by itself or not innate in those children with developmental delay or other intellectual activities. Sandersh, through this program, hopes to be a strong support to the families bridging the gap between government and the services provided by other NGOs. Two of our staff members completed this training at Srishti Special Academy with the support of DNA.

Sandesh Dream Garden

This project began in February 2017 with the support of Ms. Meera Krishna from The Adhyapana Trust. Vegetables were planted in 27 grow bags. The trust provided Sandesh with bags, manure and seeds. Sandesh members connected with the planting process and were happy to work in the soil. Many were enthusiastic about gardening. The members emotionally connected to the observation of plant growth, watering the plants and pruning the plants when needed. This process helped the understanding of gentleness when dealing with plants.

Parents Group Counselling

Hosted by Brother Mani Karott, a professional counsellor, art therapist and mentor of the Sandesh community. He kindly donated time weekly to spend with parents and other family members. The time was beneficial as it encouraged parents to talk freely about concerns, fears and doubts. The counselling sessions are conducted on Fridays at Sandesh.

Team Building

William Gali graciously donated valuable time to focus on staff team building. The talks and creativity were greatly appreciated and useful. The team was able to take away knowledge from the sessions that has positive results.

Partnership with Dhwani Foundation

The year 2017 ended on a positive note for Sandesh with the opportunity to be a part of the Niranthara Program of Dhwani Foundation. This is a 2 year program that will support Sandesh in every aspect of compliance as a well governed NGO. It also gives Sandesh exposure to 25 other NGOs working in Karnataka. Dhwani team is well experienced and the program has been designed in a creative and informative manner. Sandesh is grateful to have been accepted and looks forward to learning over the next 2 years.

CCTV

CCTV was installed in July to further supply our team with transparency and safety for all at Sandesh.

5. SUCCESS STORIES

Rushil

Rushil has global developmental disability and was not able to walk or talk when he joined Sandesh 2 years ago. His progress has been wonderful and now he is able to speak, frame sentences, eat independently, walk and even run! Rushil is currently being toilet trained and we hope he will succeed with this skill. He is an active member in the day care and is able to make new friends. Rushil's story is a phenomenon and the credit goes to the efforts of the dedicated staff of the unit.

Nawaz

Nawaz is a 4 year old child with Down Syndrome and joined Sandesh a year ago. He was born with a heart defect - a hole in the wall between the heart's upper chambers. A successful heart surgery was performed with the generous financial gift of a friend of Sandesh. After 3 months of rest, he returned to Sandesh and is very active and a great entertainer. Nawaz has started speaking a few words with the help of speech therapy. Various other therapies are helping Nawaz to attain more skills.

6. OUR PARTNERS

SAGlobal, Sapient, Harmon, InMobi, Blue Jeans, The Adhyapana Trust, Concern India and NuWare are the current businesses that are in partnership with Sandesh. Working together brings work satisfaction and dignity to our members. Each time energy, resources, love and time are shared with Sandesh, we are humbled by the simple act of kindness given to each member and staff. The support is generous and the connections are mutually beneficial.



7. OUR TEAM

Members

Our members with disability are the inspiration to continue our work. Life at Sandesh is beautiful because each individual brings simple and important values to the community. This is the foundation of a happy life. This year 20 members joined Sandesh. Sadly, we said goodbye to six members.

Staff

Sandesh employees 24 staff members who are dedicated and loving. Each is a blessing to our community. This past year we had five staff members join Sandesh and we said goodbye to one who left to pursue his dreams. Although goodbyes are hard, those who leave will always be a part of the Sandesh family.

Volunteers

Many new friends were able to join us at Sandesh. Jeeva came from Delhi to spend a month. Her vibrancy and energy was appreciated as she spent time in the day care with the younger members. Lina came from Germany and spent 6 months at Sandesh. This was Lina's first visit to India and while at Sandesh she spent time in both the Day Care Unit and the Vocational Unit. During the year, volunteers associated with local companies also spent time at Sandesh. Individuals from Sapient, Harman, Cisco, Thomson & Reutors, Concern India and FedEx all participated in supporting the work and daily rhythm at Sandesh.

Speech Therapist Interns

Regular interns from Chandrashekar Speech and Hearing Institute came to support us in helping our members with challenges they face.

Valley School Interns

Mr. Jayaram and the students brought forward new ideas and thoughts to Sandesh. The friendship with Valley School is of great benefit to both Sandesh members and the students. We look forward to a continued relationship.

Kristu Jayanthi College Interns

Interns from the Psychology Department are of great support to Sandesh. They are filled with energy and love to spend time with our team. We look forward to a continued relationship.

8. TESTIMONIALS

Lina

My name is Lina and I am from Germany. I volunteered at Sandesh for six months (Sept 2017 – Feb 2018). I supported the staff in the sheltered workshop as well as in the daycare section of the community.

For me, it was the first time working with disabled people, plus the first time being abroad for such a long time. Everybody in Sandesh took me by their hand from the beginning and made my time in Sandesh a very special experience. Both the staff and the members are so inspiring, I really learned a lot from them and the work there made me realize the importance of the small things in life. They taught me what it means to be humble and filled with joy.



Additionally, it is so touching how the staff are working – they are treating the members so directly and without any fears or distance. This reflects the spirit and the idea of Sandesh very well – to

empower and dignify the disabled and always follow their vision of love and equality for all. Another special thing about Sandesh is the community life because it is so familiar and open, and as I was living in the community house itself, I personally had the privilege to experience it to the fullest.

In addition, through my work in both the day care and vocational units where I helped in all kinds of work (e.g. personal care, cleaning, painting/designing the Divas, production of paper mache bowls etc), I got a very intensive impression of the work with disabled people in general and the community life of Sandesh specifically.

I want to say THANK YOU to everyone who is part of Sandesh for letting me join the community and make it possible for me to become part of your big family. I am so glad to be one of the lucky ones who had the chance to experience the community and journey alongside the members and team of Sandesh – I really had a great time with you all! Being part of Sandesh is an honour and it will always be a pleasure for anyone to visit the community. I'm sure this won't have been the only time for me to come to Sandesh, I'm already looking forward to seeing all again. At last, my wish: Please continue like this and never stop being so hearty and open for everybody who is coming to Sandesh because this makes your community so unique! I wish you all the best – luck, health, and God's blessings! Always keep on growing!"

TESTIMONIALS

Jenny John Kuruvilla

We had a wonderful opportunity to celebrate our daughter's 5th birthday at Sandesh. We got introduced to this organization a little over a year ago when our cousin's sister associated with them. The day we walked into Sandesh. it took us probably less than 5 minutes to feel at home...such was the warmth and love that we received there.

We were welcomed with open arms and the most beautiful smiles...smiles that would speak volumes about the depths of their love.

Apart from singing, dancing and sharing we were also able to see how amazingly talented the children/young friends) at Sandesh were. We had an opportunity to visit their workspace and see what their hands had created... beautiful lamps, candles candle stands, diyas, cloth bags and much more. Everything that we saw was made with fine detailing and utmost care and it was a pure delight to the eyes.

We would like to congratulate the entire team at Sandesh for mentoring, nurturing and taking care of such wonderful children of God. Thank you so much for the wonderful experience Sandesh. An ocean of love in all means. We will cherish the joy we had with our dear friends forever.





9. FINANCIALS

ASSESSEE: SANDESH (Home for differently - abled children)	STATUS: TRUST ASST YEAR: 2017-18 PAN: AAJTS7749B	
ADDRESS: NO 48/49, AMMANIBYRATHI KHANE VILLAGE HRB LAYOUT	IT REF: ITO WARD 6(4	4)
HENNUR BANDE		
BANGALORE 560043		v v
STATEMENT OF TOTAL INCOME	AMT (in ₹)	AMT (in ₹)
9.3	1 10	
1 Total Income as per Income & Expenditure Account		
a) Other Interest	3,60,632	276051
Add: TDS Certificate Received Subsequently	16,319	376951
b) Voluntary Contribution U/s 12		10227366
TOTAL INCOME		1,06,04,317
2 Less: Stautory Deduction u/s 11 (1)		1590647
3 APPLICATION REQUIRED FOR THE PURPOSE OF EXEMPTION U/S 11(1)	,,	90,13,669
4 Total Expenditure side of Income & Expenditure A/c	45,31,271	
Less: Depreciation	50,945	
Less: Shortfall for AY 2016-17	44,80,326	44,80,326
	3. e	
Capital Expenditure Fixed Assets Purchased	*	1,63,850
Lease Deposits Made	22,00,000	1,00,000
Less: Refund	(2,50,000)	19,50,000
RECKONABLE ACTUAL APPLICATION		6594176
	v *	
Shortfall for the A.Y. 2017-18		2419493
Shortfall for the A.Y. 2016-17	· ·	4319625
Short Fall to be carried over u/s 11(2)		67,39,118
FD SHOULD MADE FOR RS. 2419494 BEFORE 31/10/2017	3 .	- , ,1230
TDS Refund to be received		16,319.00
Section 12A Regn No.DIT(E)BLR/12AA/S-2245/AAJTS7749B/ITO(E)-3/Vol 2	2010-2011	
PLACE: BANGALORE DATE: 20th April 2017		





SANDESH
(Home for differently- abled children)
RECEIPTS & PAYMENTS ACCOUNT (CONSOLIDATED) FROM 01.04.2017 TO 31.03.2018

Receipts	Amount (Rs.)	Payments	Amount (Rs.)
Opening Balance of:		Administrative Expenses	
Cash in Hand	13,230	Audit Fees	16,176
Cash at Bank	15,250	Bank Charges	558
Federal Bank A/c No. 63578	37,21,291	Razor Service Charges	7,562
SIB A/c No 2285	23,71,705	Computer & Accessories	9,926
	45,46,867	Education & Training to Staff	42,000
Fixed Deposits	43,40,007	Postage & Courier Expenses -Admin	2,301
2000	79,62,784	Printing & Stationary	11,770
Donations & Contributions	/9,02,784	Professional Fees	18,000
	5.02.52(Telephone & WIFI Expense	18,146
Interest Income	5,83,526	Travel Expenses -Admin	9,225
	0.00.450	Vehicle Maintenance -Admin	33,829
Workshop Income	9,23,450		24,65,900
		Salary to Members	24,65,900
Loan Repayment	1,09,000		7,80,959
at a second		Rent Expenses	
Refund of Rental Deposit	12,00,000.00	Food Expenses	4,28,914
		Day Care Expenses	1,07,105
		Early Intervention Expenses	66,779
		Training Centre Expenses	4,57,679
		Workshop Expenses	8,33,952
*		Vehicle Maintanence	1,59,142
		Rental Deposit	11,00,000
		Capital Expenditure	
		Furniture	25,060
		Wheel chair	15,050
		Electrical Equipments	1,00,02
		Mobile Phones & Accessories	13,299
		Solariser	600
	*	Software	34,500
		Software	.,,,,,
		TDS Receivables	47,90
		Cash in Hand	38,39
		Cash at Bank	
		Federal Bank A/c No. 63578	46,76,473
		SIB A/c No 2285	1.5,70,77
	, 1	SIB A/c No 2285	25,86,05
• .			73,24,56
		Fixed Deposits	73,24,30
Total	2,14,31,852	Total	2,14,31,852

FOR PHILLIPOS & Co., CHARTERED ACCOUNTANTS Firm Reg No. 02650S

PLACE: BANGALORE DATE: 09th August 2018

angalore - 560 005. Regn. No. 002650 S

B.ISSAC PARTNER MEM. NO.027621

10. THANK YOU

We are grateful for those whose generosity make our work possible.
Ombrier Foundation
SAGlobal
Harman
InMobi
NuWare
Blue Jeans Network
Sapient
Capt Manish Jain
Jyoti Nayyar & friends from Oakyard Apartments
Ms. Lison
Mr. Deep Narayan
Ms. Meera Krishnan & The Adhyapana Trust
Brother Mani Karott
William Gali
Chandrashekar Speech and Hearing Institute
Mr. Jayaram & Valley School
Kristu Jayanthi
Staff
Volunteers
Members
Parents/Families
Financial Donors/Friends

Donors List

Grasshopper

Aditi Mohit Jain Suresh Menon (Sudha's brother)

Aditya NarayanNagapti BhattiSwathi TallamAjitNamita ChandraTechnopAleyamma AbrahamNamita ShahiUMA MENAnand CNarayanaswamyUma Menon

Ananta Harishchandra Navjeet Singh Veegeo
Anshul Jain Next Co Venna SAGlobal

Aparna Rao Veluali Nimesh Venkatram Krishnan Arvind Nitin Gupta Venugopal Ashish Somani Noelima Babber Vijaya Singhi Bhaskar Banerjee Nupur Singh Vitinha

Bhaskar Menon Thakur

Bhavani Narayan & Raja

Blue Jean Network Pvt Ltd

Prachi Mehra

Nutanix

Vittaka Agarwal

Zoi Hospitality Tvt Ltd

Ombrie Foundation

CommScope Networks India Pvt Prafull OOrja Katholisches Pfarramt Maria

LtdPrasadHimmelfahrtCSR Educational TrustPraveen BajajDayanand RamchandraRadhakrishnanGanesh ChodisettiRajesh PillaiGaurav TripathiRajnishGirish SehgalRavindra

Ritesh Chawla

Harman Connected Services Sahil Puri
Corp India Pvt Ltd Sandeep Kamlakar

IDC CEN Sanjay Jain

India Cares Santosh Subhash Koli INMOBI Santosh Thazhathu

Jayshree Sapient

Julie Jain Sapient Consulting Pvt Ltd

JyothiSaravananJyoti NayyarSastryKamal AggarwalSaumya

Krishnaraj V Saumya Kaushik

Kshitij Kumar Saurabh

Kumar Saurabh & Sweta Sharma

Mangal Computers Shan Shah Shashank Mani Manish Jain Shreva Shuba Girish Mazher Meeta Sharma Siddharth Meetali Singh Sonal Arora Menaka Raieev Sowmyashri Srividva Mini Moolan Mohammed Yaseen Subha G

Mohammed Zakkariya Sudhansu Saxena









